

1 **Rare Codons Not for Limiting Translation Speed in Mammals**

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19 **Abstract**

20 The prevailing view holds that rare codons function as evolutionarily conserved
21 modulators of translation kinetics, a concept that has provided a critical framework
22 for interpreting synonymous mutations in disease and guiding coding sequence
23 optimization in gene therapy. Our findings, however, challenge this premise by
24 demonstrating that rare codons are primarily passive byproducts of genome stability
25 constraints, rather than adaptive regulators of translation. Supporting this, genomic
26 analyses in human and mouse reveal that rare codons, predominantly ending in CpG
27 or TpA dinucleotides, reflect genome-wide sequence biases rather than selective
28 pressures for translational control. Furthermore, interrogation of tRNA abundance, via
29 both genomic copy number and direct cellular quantification, shows no consistent
30 correlation between codon rarity and cognate tRNA scarcity. Crucially, direct

31 experimental assessment via cytoplasmic microinjection of engineered mRNAs into
32 mouse embryos demonstrates that even a substantial artificial increase in rare codon
33 load has a negligible impact on protein synthesis kinetics. Consequently, we conclude
34 that rare codons cannot be regarded as an independent factor limiting translation rates
35 in mammalian cells. This insight demands a reassessment of the role of synonymous
36 mutations in disease and expands the design principles for mRNA-based therapeutics
37 by alleviating the presumed constraint of rare codon avoidance.

38

39 **Keywords:** Rare codons, codon optimization, translation kinetics, synonymous
40 mutations, mRNA therapeutics, genomic constraints, tRNA abundance.

41

42 **Introduction**

43 The protein's function is fundamentally determined by its amino acid sequence, yet
44 the degeneracy of the genetic code allows for a vast number of nucleotide sequences
45 to encode the identical protein (1-3). With the exception of methionine and tryptophan,
46 each amino acid is encoded by multiple synonymous codons, ranging from two to six
47 per residue (2). However, this synonymy is not functionally silent: synonymous codon
48 choice can influence gene expression through effects on transcription, mRNA stability,
49 and translation efficiency (4-6). Understanding the functional consequences of
50 synonymous codon usage, which are often manifested as synonymous
51 single-nucleotide polymorphisms (synSNPs), is therefore critical for elucidating their
52 roles in health and diseases such as cystic fibrosis and certain cancers (7, 8).

53 A central feature of synonymous codon usage is codon usage bias, the non-random
54 preference for certain codons over others. Since the 1980s, it has been well
55 established that genomes exhibit systematic codon preferences (9-12). In humans, for
56 example, the leucine codon CTG is used more than five times as frequently as CTA,
57 with relative frequencies of approximately 3.96 and 0.72, respectively (13, 14). A
58 similarly pronounced (~4.4-fold) difference exists for the serine codons AGC and
59 TCG, which have relative frequencies of 1.95 and 0.44 (13, 14). This biased
60 distribution is thought to reflect a mechanism for fine-tuning translational efficiency
61 (6, 15, 16).

62 A cornerstone of this paradigm is the specific belief that rare codons, those used
63 infrequently within a genome, serve as evolutionarily conserved modulators of
64 translation kinetics by slowing ribosomal elongation (1, 17). Although evidence from
65 heterologous expression systems (e.g., expression of human genes in bacteria or yeast)
66 supports a role for codon rarity in regulating protein expression (18-20), direct
67 evidence that rare codons intrinsically slow translation in native eukaryotic contexts
68 remains limited. Critically, the strong influence of local codon context and mRNA
69 secondary structure on translation efficiency (2, 21), makes it difficult to determine
70 whether rare codons are genuine drivers or merely passive correlates of altered
71 translation dynamics .

72 To address this gap, we conducted the integrated genomic, bioinformatic, and
73 experimental analyses. By analyzing genomic codon distributions and corresponding
74 tRNA expression profiles, we propose that rare codons represent passive evolutionary
75 byproducts rather than adaptively selected modulators of translation speed.
76 Experimental evidence further demonstrates that even a substantial increasing rare
77 codon frequency does not significantly affect translation kinetics, supporting this
78 hypothesis.

79

80 **Results**

81 **Genomic and Bioinformatics Evidence Supports Rare Codons as Passive** 82 **Byproducts of Sequence Constraint**

83 Protein translation is governed by multiple factors, with mRNA secondary structure
84 playing a pivotal role. Such structural features can be influenced by complex
85 base-pairing interactions, sometimes irrespective of nucleotide positioning. Therefore,
86 we reasoned that individual gene- or mRNA-specific studies focusing on rare codons
87 are likely confounded by local sequence context, and that systems-level ‘omics’
88 analyses of codon usage would offer more reliable insights into the relationship
89 between codon selection and translational efficiency than correlations derived from
90 individual mRNAs.

91 Moving beyond conventional definitions based solely on a codon’s overall occurrence
92 frequency (<1%) (3), we propose that a codon’s rarity should also be defined relative
93 to the usage of its synonymous partners. Using the Matched Annotation from NCBI
94 and EMBL-EBI (MANE) transcript set for human and the protein-coding gene dataset
95 for mouse from NCBI, we recomputed genome-wide codon frequencies across human
96 and mouse coding sequences (CDSs) (Supplemental Table 1). A codon was classified
97 as rare only if its overall frequency was below 1% and its usage was substantially
98 lower (typically by less than 50%) than the most frequent synonymous codon.

99 Applying these criteria, we identified ten rare codons: ACG, CCG, GCG, TCG, ATA,
100 CTA, GTA, TTA, CGA, and CGT (Fig. 1A), which are highly conserved between
101 human and mouse (Fig. 1B and Supplemental Fig. 1). Except for CGA, which occur

102 at approximately half the frequency of its dominant synonyms, the remaining rare
103 codons are generally used at less than 40% of the frequency of their most prevalent
104 counterparts. Interestingly, with the exception of CGA and CGT, all identified rare
105 codons end with the dinucleotides ‘CG’ or ‘AT’. Given the established role of CpG
106 islands in genomic stability and transcriptional regulation through
107 methylation-mediated processes (22, 23), our observations raise the possibility that
108 these codons may be passive byproducts of genome evolutionary constraints rather
109 than actively selected for translational modulation.

110 A genome-wide scan of codon context revealed that, among the 64 triplet codons, the
111 ten rare codons in human (GCG, ACG, CGT, CGA, TCG, CCG, GTA, CTA, ATA,
112 TTA) rank 63rd, 62nd, 61st, 60th, 59th, 58th, 49nd, 46th, 21rd, and 9th, and in mouse
113 (GCG, CGA, CCG, TCG, ACG, CGT, GTA, CTA, ATA, TTA) rank 64th, 63rd, 60th,
114 59th, 58th, 57th, 51st, 41st, 27th, and 23rd, respectively, in genomic distribution
115 frequency (rank 1 = most frequent) (Fig. 1C and Supplemental Table 2). The
116 collective rarity of these identified rare codons across the genome further supports the
117 hypothesis that their occurrence in CDSs may be constrained by genomic context
118 rather than positive selection for translational control.

119 Notably, in human, ATA and TTA exhibit higher genomic frequency ranks (21st and
120 9th) than their classification as rare in CDSs might suggest. Similarly, in mouse, their
121 genomic ranks (27th and 23rd) are also substantially higher than expected for rare
122 codons. This apparent contradiction prompted us to ask whether their rarity is relative,
123 stemming from exceptionally high usage of their synonymous family members. We
124 therefore reasoned that evaluating their usage within the context of their synonymous
125 families would provide clarity. This analysis revealed a general pattern: all
126 ‘TA’-ending rare codons are used at a lower frequency in CDSs relative to their
127 genomic abundance, whereas ‘CG’-ending codons (including CGA and CGT) are
128 used more frequently (Fig. 1D and Supplemental Table 3). When normalized to
129 genomic abundance, ‘CG’-ending rare codons show nearly two-fold increased usage
130 in CDSs, while ‘TA’-ending codons exhibit approximately 50% reduction (Fig. 1E).
131 This pattern is consistent with the known, broader bias in coding sequences toward

132 codons ending in C or G, indicating that the behavior of rare codons follows this
133 general principle (24, 25).

134 Given that protein-coding sequences constitute only ~1.1–1.3% of the mammalian
135 genome, codon usage within CDSs is unlikely to significantly influence overall
136 genomic distribution. Instead, the observed genomic patterns, where the rarity of
137 codon triplets mirrors their low frequency in the whole genome, argue against positive
138 selection for translational modulation. These results collectively indicate that codon
139 usage, including the occurrence of rare codons, is primarily shaped by genome-wide
140 evolutionary and structural constraints rather than by adaptive optimization for
141 translation. Consequently, the established mechanistic link between rare codons and
142 tRNA-mediated ribosomal pausing requires critical re-examination.

143 **tRNA Abundance Argues Against Rare Codons as a General Mechanism for** 144 **Translation Attenuation**

145 According to the prevailing model, rare codons modulate translation kinetics
146 primarily through cognate tRNA abundance, with tRNA scarcity inducing ribosomal
147 pausing to facilitate co-translational folding and regulate protein yield (26). To
148 evaluate this hypothesis, we analyzed cognate tRNA availability for each codon in
149 human and mouse using data from the Genomic tRNA Database (gtrnadb.ucsc.edu).

150 The results indicate that whether a codon is rare does not consistently correlate with
151 its cognate tRNA copy number. Even after excluding codons decoded by wobble
152 pairing with zero-copy tRNAs, tRNA copy number did not consistently correspond to
153 codon rarity (Fig. 2A and Supplemental Table 4). For example, tRNAs cognate to the
154 rare arginine codons CGT and CGA were among the most abundant. Moreover, for
155 most other rare codons, tRNA copy numbers were not significantly lower than those
156 of non-rare synonymous codons, except when compared to the single most abundant
157 counterpart. This partial and inconsistent correlation indicates that the relationship
158 between tRNA availability and codon usage frequency is not universal. Thus, while
159 tRNA abundance may contribute to the effect of some rare codons, it cannot be the
160 sole or primary determinant of translation efficiency across all such codons.

161 Furthermore, given potential variations in transcription and turnover, whether

162 genomic tRNA copy number serves as a reliable proxy for functional cellular
163 abundance requires careful examination. Therefore, direct measurement of cellular
164 tRNA levels is indispensable for conclusively evaluating the role of tRNA availability
165 in rare codon-mediated regulation.

166 Despite advances in omics technologies, comprehensive tRNA profiling remains
167 challenging due to their short length, high sequence similarity, extensive
168 modifications, and complex secondary structures (27). Recent application of
169 modification-induced misincorporation tRNA sequencing (mim-tRNAseq) to hiPSCs,
170 HEK293T, and K562 cells enabled precise quantification (28). Re-analysis of this
171 data revealed that, except for TCG (Ser; decoded by tRNA-CGA) and TTA (Leu;
172 tRNA-TAA), tRNAs cognate to other rare codons generally showed intermediate
173 abundance among their synonymous groups (Fig. 2B and Supplemental Table 5).
174 Notably, the tRNAs cognate to the rare arginine codon CGT and the rare isoleucine
175 codon ATA were, in fact, the most abundant within their respective synonymous
176 families (Fig. 2C). This pattern remained consistent across stem cell and cancer lines
177 (Fig. 2D), directly challenging the premise that translation slowing is a general
178 consequence of cognate tRNA scarcity for rare codons. Having found that neither
179 genomic distribution nor tRNA availability supports an adaptive regulatory role, we
180 next asked the most direct question: do rare codons, even at high density, intrinsically
181 limit translation rates in a living eukaryotic cell?

182 **Direct Experimental Assessment Reveals Minimal Impact of Rare Codon Load** 183 **on Translation Kinetics**

184 To definitively and experimentally validate whether rare codons act as autonomous
185 determinants of translation speed, we employed a falsifiability-based approach: if
186 substantially increasing rare codon frequency yields no measurable effect on
187 translation, it would provide direct evidence against their regulatory role.

188 Prior to experimental perturbation, we first assessed the natural usage of rare codons.
189 Genomic analysis revealed that, in native coding sequences, rare codons are employed
190 in fewer than 60% of the available synonymous positions and account for less than
191 30% of the total CDS length. The mean and median values further demonstrate their

192 limited usage: rare codons constitute only 6.6% (median 6.3%) of human and 6.5%
193 (median 6.2%) of mouse CDS length, and are used at only 12.6% (median 12.2%) and
194 12.3% (median 11.9%) of substitutable synonymous positions, respectively (Fig. 3A
195 and B, Supplemental Table 6 and 7). Building upon this baseline, we then designed
196 mRNA constructs encoding the bright green and red fluorescent proteins
197 mNeonGreen and mScarlet3-H, respectively. In particular, mNeonGreen matures
198 exceptionally fast (in less than 10 minutes) (29), making it ideally suited for real-time
199 monitoring of protein synthesis due to its rapid and consistent fluorescent kinetics.
200 For each protein, we generated two distinct variants: a native sequence and a
201 synonymous version in which approximately 80% of substitutable codons were
202 replaced with their rare counterparts. This substitution strategy increased the rare
203 codon content from 1.2% to 32.0% across the entire CDS for mScarlet3, and similarly
204 from 4.9% to 32.3% for mNeonGreen. When considering only the substitutable codon
205 positions, the utilization rate of rare codons increased dramatically from 2.86% to
206 79.1% for mScarlet3 and from 12.5% to 82.7% for mNeonGreen (Fig. 3C,
207 Supplemental 2A and Supplemental Table 8).

208 Furthermore, unlike conventional plasmid-based transfection or transformation, which
209 introduces asynchrony and heterogeneity, we microinjected *in vitro*-transcribed
210 engineered mRNA directly into the cytoplasm of mouse embryos. This method
211 circumvents variable plasmid uptake and transcription, ensuring synchronous
212 translation initiation across a homogeneous cell population and providing a clean,
213 physiologically relevant system for precise measurement. Crucially, measurements of
214 the mNeonGreen and mScarlet3-H translation dynamics revealed no significant
215 difference between the increased rare-codon and native versions (Fig. 3D, E,
216 Supplemental 2B, C, and Supplemental Video1, 2).

217 These results demonstrate that even a substantial artificial increase in rare codon load
218 has negligible effects on translation efficiency, providing direct experimental evidence
219 that rare codons are not intrinsic limiters of translation speed in this mammalian
220 system.

221

222 **Discussion**

223 Our integrated analysis leads to a revised paradigm: rare codons in mammalian
224 genomes are primarily passive byproducts of genome evolutionary constraints, not
225 adaptive translators of protein synthesis efficiency. This conclusion is supported by
226 the congruence of rare codon distribution with genomic sequence biases, the lack of
227 consistent correlation with tRNA scarcity, and most definitively, experimentally
228 saturating mRNAs with rare codons fails to alter translational kinetics or protein
229 production, in sharp contrast to the predictions of the prevailing model.

230 The foundational support for codon-centric regulation originated largely from seminal
231 studies in bacterial systems (30-33). A classic example is the heterologous expression
232 of mammalian genes in bacteria, where codons common in the donor organism are
233 often rare in the host, frequently leading to reduced protein yield or misfolding. These
234 defects are typically rescued by synonymously optimizing the gene sequence to match
235 bacterial codon preferences (30, 31, 34). A critical caveat, however, is the
236 fundamental mechanistic divergence in translation between prokaryotes and
237 eukaryotes (35, 36). This divergence results in a different rate-limiting step, enabling
238 a much faster elongation velocity in prokaryotes (10–20 aa/s) compared to eukaryotes
239 (3–8 aa/s), a disparity of approximately 2- to 6-fold (37, 38). In eukaryotes,
240 translation initiation constitutes a complex, rate-limiting process governed by the
241 assembly of numerous initiation factors, contrasting sharply with the more
242 streamlined bacterial system (39-41). Consequently, while codon usage robustly
243 influences elongation kinetics and co-translational folding in bacteria, its regulatory
244 impact in eukaryotes is likely attenuated or functionally distinct. This is because the
245 slow initiation rate may overshadow codon-mediated effects during elongation as the
246 primary determinant of overall translation efficiency.

247 Our model does not preclude that codon choice can influence gene expression, but it
248 redirects the primary mechanistic focus. The effects of synonymous variants,
249 including those introducing rare codons, may manifest predominantly through impacts
250 on transcription, mRNA stability, or splicing processes sensitive to nucleotide
251 sequence, rather than through translation elongation per se. Future investigations

252 should therefore prioritize the context of rare codons, such as their clustering or
253 positioning within structural motifs, to understand their potential roles in these
254 alternative regulatory layers.

255 By repositioning rare codons from active regulators to genomic bystanders, this model
256 resolves some long-standing empirical and mechanistic contradictions, such as the
257 inconsistency of Ribo-seq data, which shows poor reproducibility in ribosomal
258 pausing sites and weak correlations between codon usage and elongation rates (42,
259 43). Furthermore, this paradigm shift opens new avenues for interpreting genetic
260 variation and designing synthetic genes.

261 While the fundamental blueprint for health and disease is encoded in the genome, the
262 ability to fully decipher this information is still a central challenge. Advances in omics
263 technologies have begun to address this gap, enabling the systematic elucidation of
264 how genetic variations influence physiological and pathological states. In particular,
265 the role of single-nucleotide variants (SNVs) in human health and disease has been
266 increasingly clarified (8, 44). Among these, however, the functional impact of
267 synonymous variants, which represent the most abundant class of SNVs, is often
268 complicated by contradictory evidence (45-47). Our finding that rare codons exert
269 minimal influence on translation efficiency offers a key insight that helps resolve
270 some of these contradictions.

271 Furthermore, mRNA therapy, which operates by instructing the body's own cells to
272 produce proteins capable of preventing or treating a broad spectrum of diseases, from
273 infectious diseases to cancers, is currently undergoing rapid development (48, 49). A
274 central objective in its development is the optimization of mRNA sequences to
275 maximize protein yield while minimizing the amount of mRNA required. Since rare
276 codons have traditionally been thought to constrain translational efficiency, current
277 mRNA optimization strategies generally prioritize the avoidance of such codons (5,
278 50). Our results challenge this rationale, demonstrating that rare codons do not pose a
279 significant limitation. Importantly, as mRNA-based therapeutics bypass the
280 constraints of genome stability and transcription regulation in cell, the optimization
281 focus can be directed specifically toward enhancing translation efficiency and mRNA

282 stability. This finding substantially expands the design possibilities for therapeutic
283 mRNAs, enabling the engineering of molecules with superior *in vivo* stability,
284 translational efficiency and fidelity, and low immunogenicity. Notably, for
285 recombinant protein production in non-mammalian systems such as bacteria and
286 engineered yeasts, where the impact of rare codon usage is well-documented, the
287 conventional codon optimization strategies, including rare codon avoidance, remain
288 fully applicable and effective.

289 Collectively, our study demonstrates that rare codons in eukaryotes primarily arise as
290 passive byproducts of genomic and evolutionary constraints, rather than serving as
291 direct regulators of protein translation efficiency. This revised view not only
292 consolidates previously conflicting genomic and experimental data but also provides a
293 clearer foundation for future research into the complex interplay between genome
294 architecture, RNA biology, and phenotypic expression.

295

296 **Materials and Methods**

297 **CDSs Acquisition and Processing**

298 To obtain a high-confidence set of human protein-coding sequences (CDS), we
299 utilized the Matched Annotation from NCBI and EMBL-EBI (MANE) dataset
300 (Release 1.4) (51), downloaded from
301 https://ftp.ncbi.nlm.nih.gov/refseq/MANE/MANE_human/release_1.4/. This dataset
302 provides a manually curated, genome-wide set of representative transcripts with a
303 one-to-one correspondence between NCBI RefSeq and Ensembl gene annotations,
304 ensuring high-quality, well-supported sequences. A custom Python script was
305 employed to parse the FASTA files and extract the canonical CDS for each transcript.
306 The script processed the sequence records, extracting the CDS based on annotated
307 coordinates and filtering for valid, unique coding sequences. From the initial dataset,
308 this procedure yielded a final, non-redundant set of 19,352 high-quality CDS
309 entries for subsequent analysis.

310 To establish a non-redundant set of CDSs for the mouse (*Mus musculus*) genome,
311 transcripts were sourced from the NCBI RefSeq database
312 (<https://www.ncbi.nlm.nih.gov/datasets/gene/>). A custom Python script was then
313 employed to select a single representative isoform per gene using a hierarchical
314 prioritization strategy. The algorithm first grouped all transcripts by gene identifier,
315 parsed from filenames. For each gene, it preferentially selected the longest
316 experimentally validated transcript (NM_ accession) to prioritize high-confidence
317 annotations. In the absence of an NM_ isoform, the longest predicted model (XM_
318 accession) was chosen. This approach, which uses file size as a proxy for CDS length
319 to favor the most comprehensive sequence, effectively generated a canonical
320 transcript set by systematically resolving isoform redundancy. Ultimately, from an
321 initial pool of 98,888 CDS sequences, the filtration process yielded a final set of
322 22,410 canonical transcripts, ensuring each gene was represented by its most reliable
323 and complete protein-coding sequence for subsequent analysis.

324 **Genome Sequence Acquisition and Processing**

325 Complete, telomere-to-telomere (T2T) genome assemblies were obtained for both

326 human and mouse from the NCBI database. For human (*Homo sapiens*), we used the
327 T2T-CHM13v2.0 assembly (accession GCF_009914755.1), downloaded from:

328 [https://ftp.ncbi.nlm.nih.gov/genomes/all/GCF/009/914/755/GCF_009914755.1_T2T-](https://ftp.ncbi.nlm.nih.gov/genomes/all/GCF/009/914/755/GCF_009914755.1_T2T-CHM13v2.0/GCF_009914755.1_T2T-CHM13v2.0_genomic.fna.gz)
329 [CHM13v2.0/GCF_009914755.1_T2T-CHM13v2.0_genomic.fna.gz](https://ftp.ncbi.nlm.nih.gov/genomes/all/GCF/009/914/755/GCF_009914755.1_T2T-CHM13v2.0/GCF_009914755.1_T2T-CHM13v2.0_genomic.fna.gz)

330 For mouse (*Mus musculus*), we employed the T2T_mhaESC_v1.0 assembly
331 (accession GCA_050437135.1), available at:

332 [https://ftp.ncbi.nlm.nih.gov/genomes/all/GCA/050/437/135/GCA_050437135.1_T2T](https://ftp.ncbi.nlm.nih.gov/genomes/all/GCA/050/437/135/GCA_050437135.1_T2T_mhaESC_v1.0/GCA_050437135.1_T2T_mhaESC_v1.0_genomic.fna.gz)
333 [_mhaESC_v1.0/GCA_050437135.1_T2T_mhaESC_v1.0_genomic.fna.gz](https://ftp.ncbi.nlm.nih.gov/genomes/all/GCA/050/437/135/GCA_050437135.1_T2T_mhaESC_v1.0/GCA_050437135.1_T2T_mhaESC_v1.0_genomic.fna.gz)

334 These complete, gap-free genome assemblies provide the most comprehensive
335 reference sequences currently available for their respective species. The genomic data
336 were processed using a standardized pipeline that included quality control checks,
337 sequence validation, and annotation mapping to ensure data integrity prior to
338 downstream analyses.

339 **Codon Frequency Analysis in CDSs and Tri-Nucleotide Frequency Analysis in** 340 **Genome**

341 The CDS-based analysis extracts codon usage patterns from protein-coding regions.
342 Sequences are processed in strict three-base increments starting from the first
343 nucleotide position, maintaining the correct reading frame throughout. Each CDS
344 sequence is divided into non-overlapping triplets corresponding to actual codons,
345 ensuring that every codon is counted exactly once in its functional context. This
346 approach reflects the biological reality of translation where ribosomes read mRNA
347 sequences in consecutive, non-overlapping groups of three nucleotides.

348 In contrast, the genome-wide analysis scans entire chromosome sequences using a
349 sliding window approach where every possible three-base combination is counted
350 regardless of reading frame position. Each nucleotide serves as the starting point for a
351 triplet count, meaning that the analysis effectively performs three separate scans: one
352 starting from each of the first three nucleotide positions. This results in overlapping
353 counts where the same genomic region contributes to multiple triplet occurrences,
354 providing a comprehensive background frequency without reading frame constraints.

355 The fundamental difference lies in the counting strategy: CDS analysis uses

356 frame-specific, non-overlapping codon counting that mirrors biological translation,
357 while genomic analysis employs frame-agnostic, overlapping triplet counting that
358 captures all possible three-base combinations across the entire genome.

359 **Source of tRNA Data**

360 Cognate tRNA gene copy numbers for human and mouse were obtained from the
361 Genomic tRNA Database (GtRNAdb; <http://gtrnadb.ucsc.edu/>), which provides
362 comprehensive tRNA gene predictions generated by tRNAscan-SE analysis of
363 complete genomes.

364 Experimentally measured tRNA abundances in hiPSCs, HEK293T, and K562 cells
365 were derived from Supplementary Table 1 of the study by Behrens et al. (28), which
366 employed mim-tRNAseq for high-resolution quantitative profiling of tRNA
367 abundance and modification status in eukaryotes.

368 **Plasmid Construction and mRNA Preparation**

369 Gene sequences for mNeonGreen and mScarlet3 were obtained from VectorBuilder.
370 To generate high rare-codon variants, we redesigned the coding sequences by
371 substituting alternative codons with their rare counterparts. Importantly, to circumvent
372 potential adverse effects on transcription, mRNA stability, or translation that could
373 arise from consecutive rare codons, we deliberately avoided introducing stretches of
374 adjacent rare codons. Consequently, not all substitutable codons were replaced. For
375 mNeonGreen, 86 of 104 substitutable codons were replaced, increasing the utilization
376 rate of rare codons at substitutable positions from 12.5% to 82.7%. For mScarlet3, 83
377 of 105 substitutable codons were replaced, increasing this rate from 2.86% to 79.1%
378 (see Supplemental Table 8 for the detailed sequences). Notably, even with this
379 conservative design approach, the resulting rare codon utilization rate in both
380 engineered mRNAs substantially exceeds the maximum rate observed at substitutable
381 positions in any endogenous human or mouse coding sequence, which is less than
382 57.14% (Supplemental Tables 6 and 7).

383 All sequences were synthesized and cloned into the pAZ-RNA-14 vector (RN2640)
384 by Suzhou Genewiz Biotechnology Co. Ltd. (Suzhou, China). Constructs contained
385 defined 5'-UTR and 3'-UTR/polyA sequences (see Supplemental Table 8). Plasmids

386 were linearized with BspQI, and mRNAs were synthesized *in vitro* using T7 RNA
387 polymerase, followed by purification and lyophilization. mRNA powders were stored
388 at -80° C until use.

389 **mRNA Microinjection and Live-cell Fluorescence Microscopy**

390 All animal studies in this project were approved by the Ethics Committee of
391 Guangdong Second Provincial General Hospital (Approval No.
392 2025-DW-KZ-121-01). Female and male C57BL/6J mice (8 weeks old; Beijing
393 Huafukang Bioscience, Beijing, China) were housed in the animal facility of
394 Guangdong Second Provincial General Hospital under a 12-hour light/dark cycle.
395 Female mice were superovulated by intraperitoneal injection of 10 IU PMSG (Ningbo
396 Animal Hormone Factory), followed by 10 IU hCG (Ningbo Animal Hormone
397 Factory, Ningbo, China) 48 hours later, and then paired with males. Fertilized
398 embryos were collected approximately 30 hours after hCG injection.

399 Lyophilized mRNA was reconstituted in nuclease-free water to a stock concentration
400 of $1 \mu\text{g}/\mu\text{L}$, aliquoted into $1 \mu\text{L}$ volumes, and stored at -80° C until use. For
401 microinjection, mRNA stock was diluted to $300 \mu\text{g}/\mu\text{L}$ in nuclease-free water.
402 Embryos were injected in room temperature medium using a Piezo-driven
403 microinjection system (PiezoXpert, Eppendorf). Immediately after injection, embryos
404 were transferred to a Tokai Hit stage-top incubation chamber mounted on a Leica
405 Stellaris 8 Falcon Flim Microscope, maintained at 37°C and $5\% \text{CO}_2$. Fluorescence
406 imaging was performed at 5-minute intervals for 1 hour for real-time monitoring of
407 protein synthesis.

408 **Data Analysis**

409 Fluorescence signal quantification was performed using the proprietary image
410 analysis toolkit integrated with the Leica SP8 FALCON confocal microscope system.
411 For each experimental condition, quantification was conducted across three
412 independent biological replicates. Statistical analysis was performed using a
413 two-tailed unpaired Student's t-test. Data are presented as mean \pm standard error of
414 the mean (s.e.m.), with P-values used to assess the significance of observed

415 differences between experimental groups.

416

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422 References

423

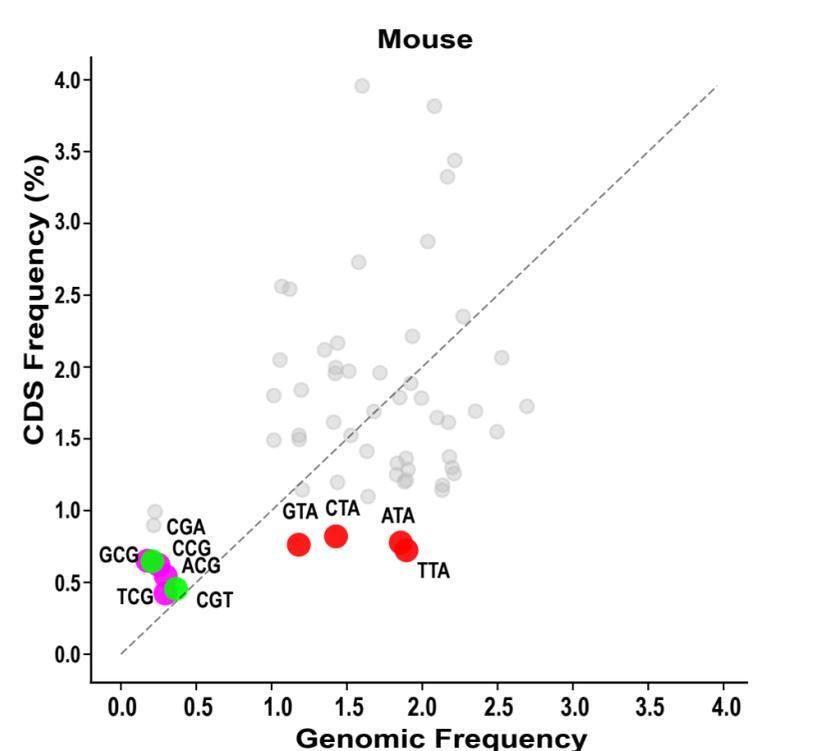
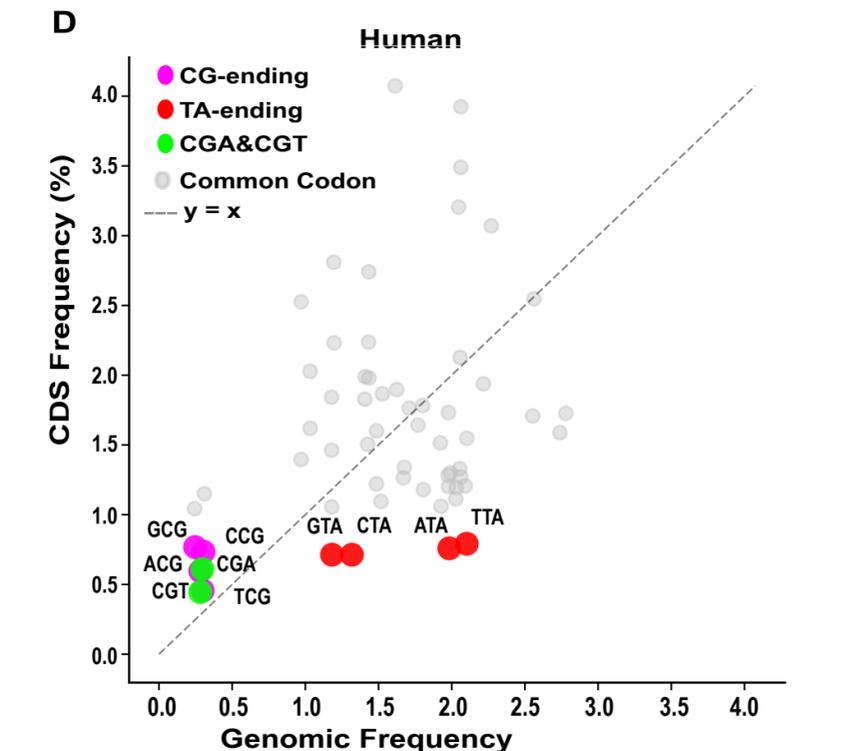
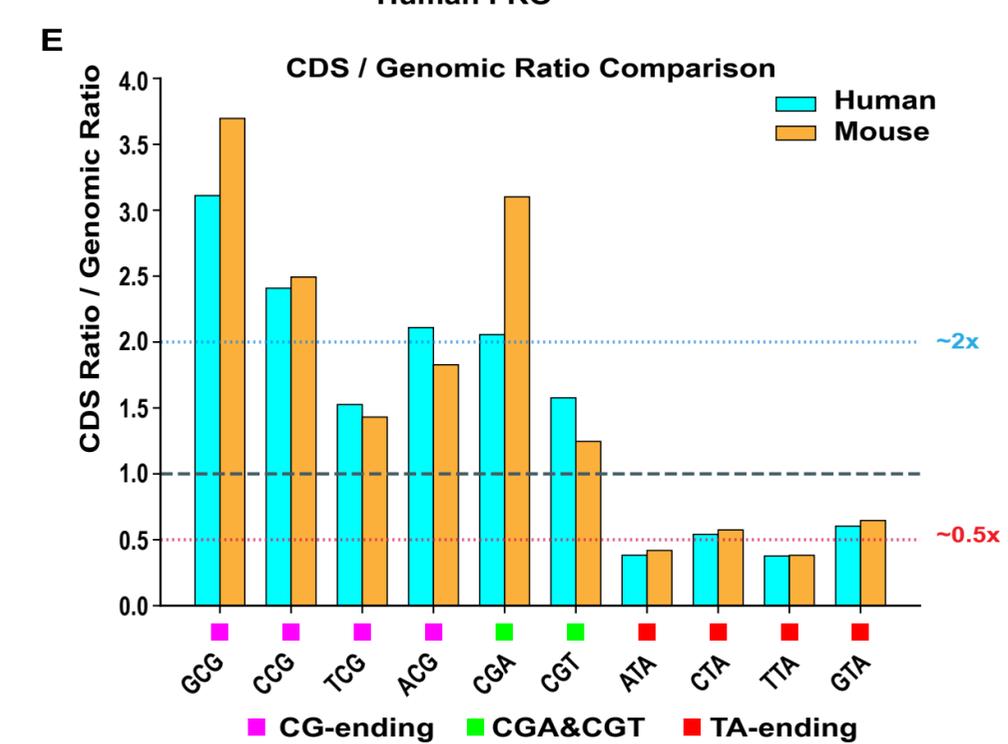
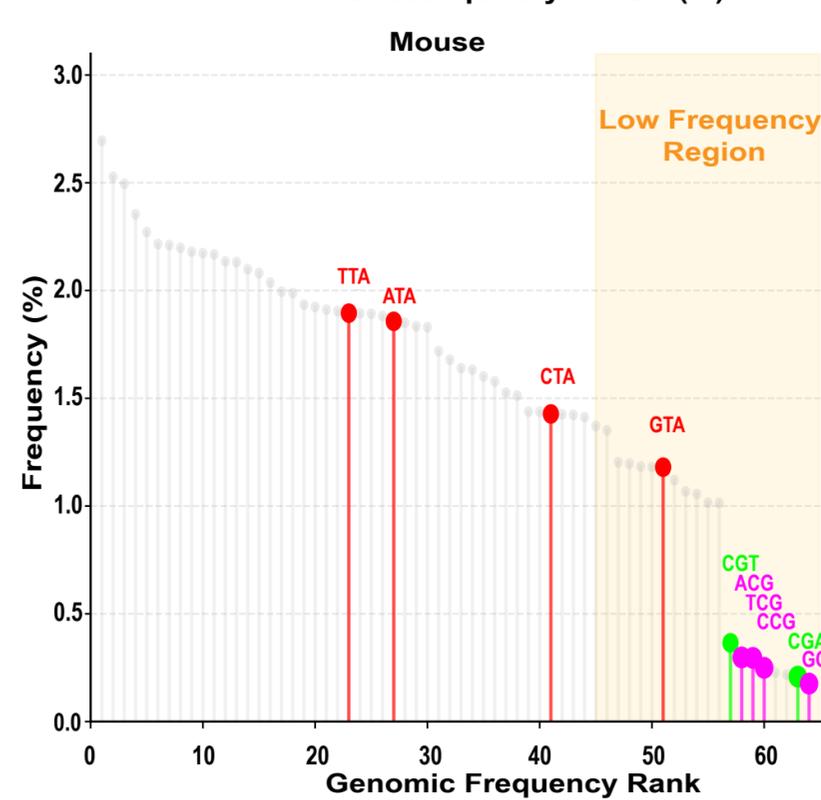
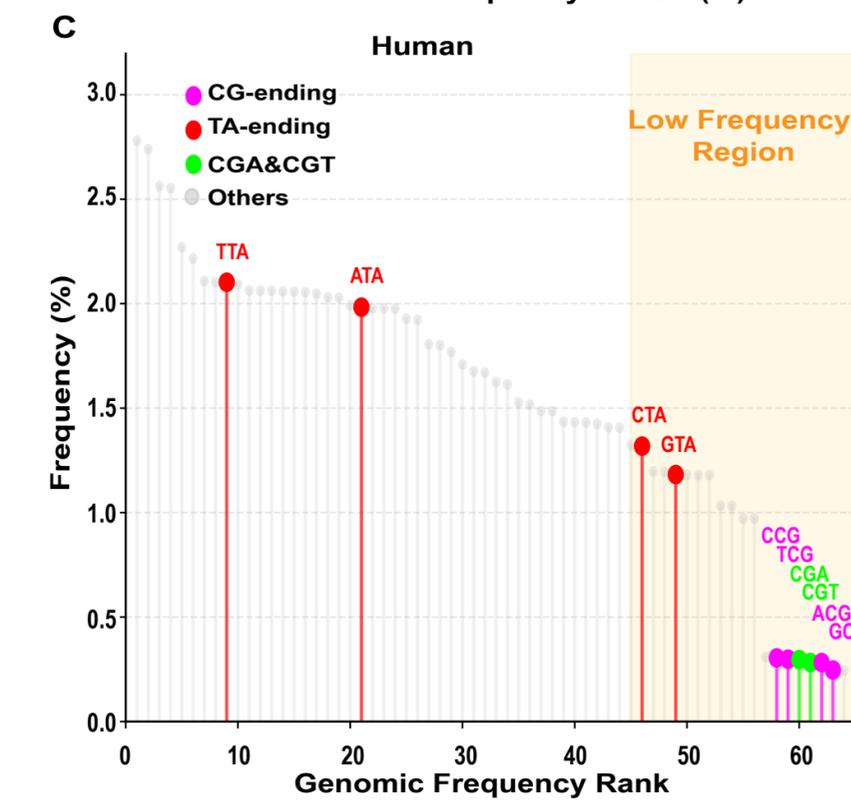
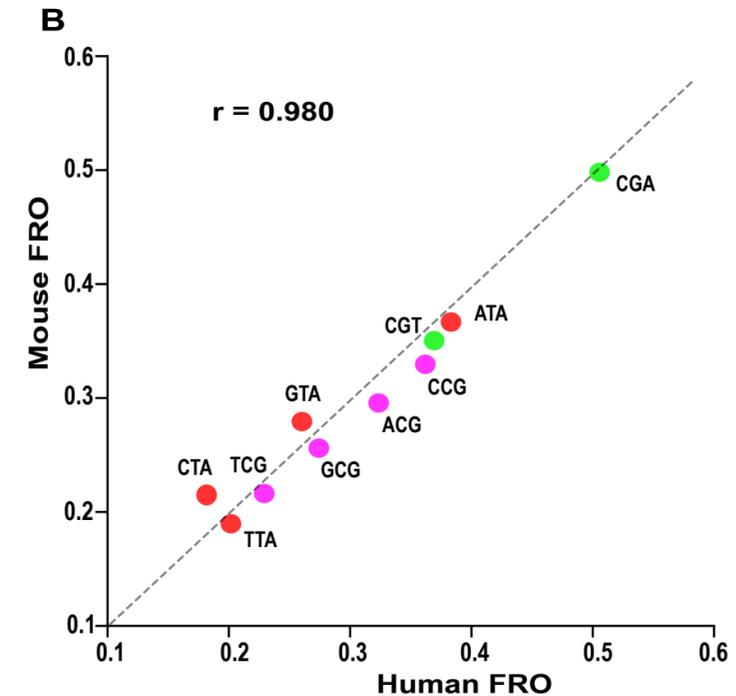
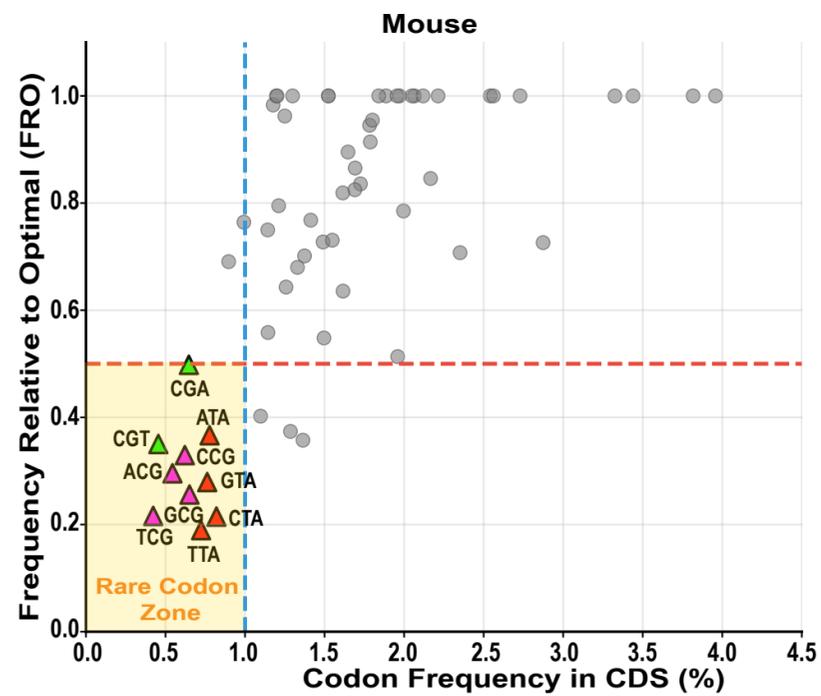
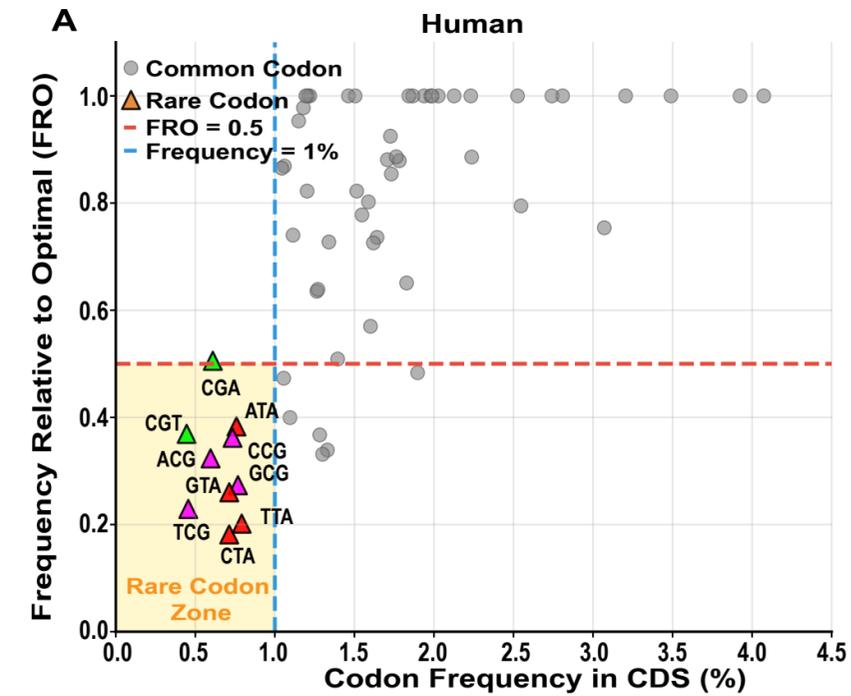
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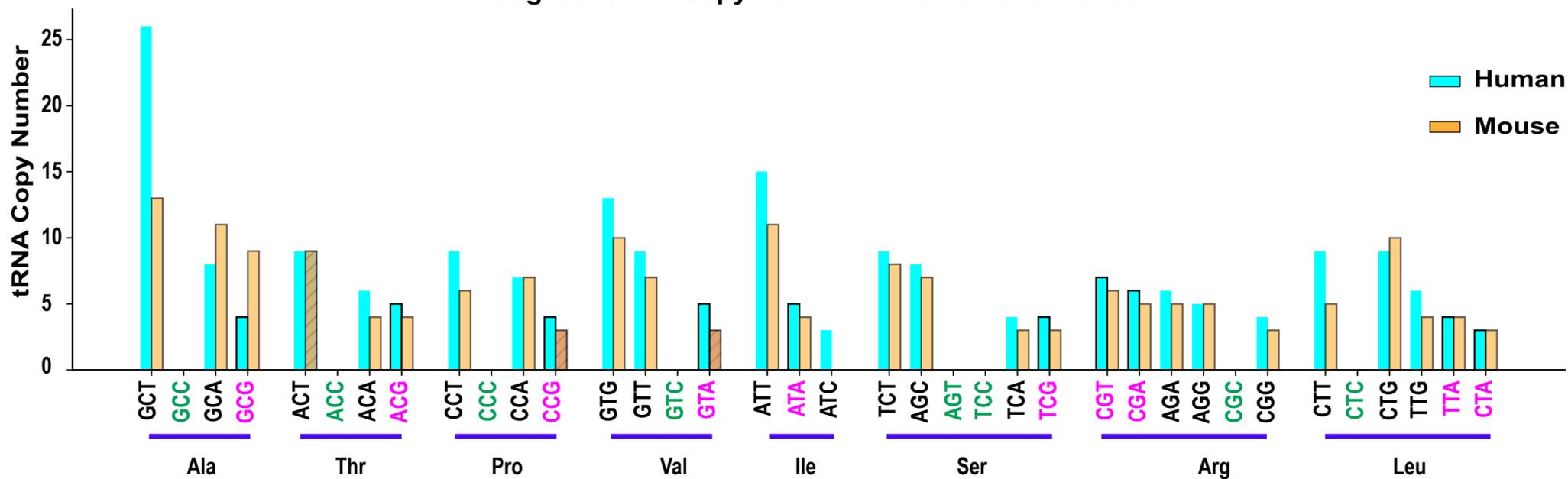
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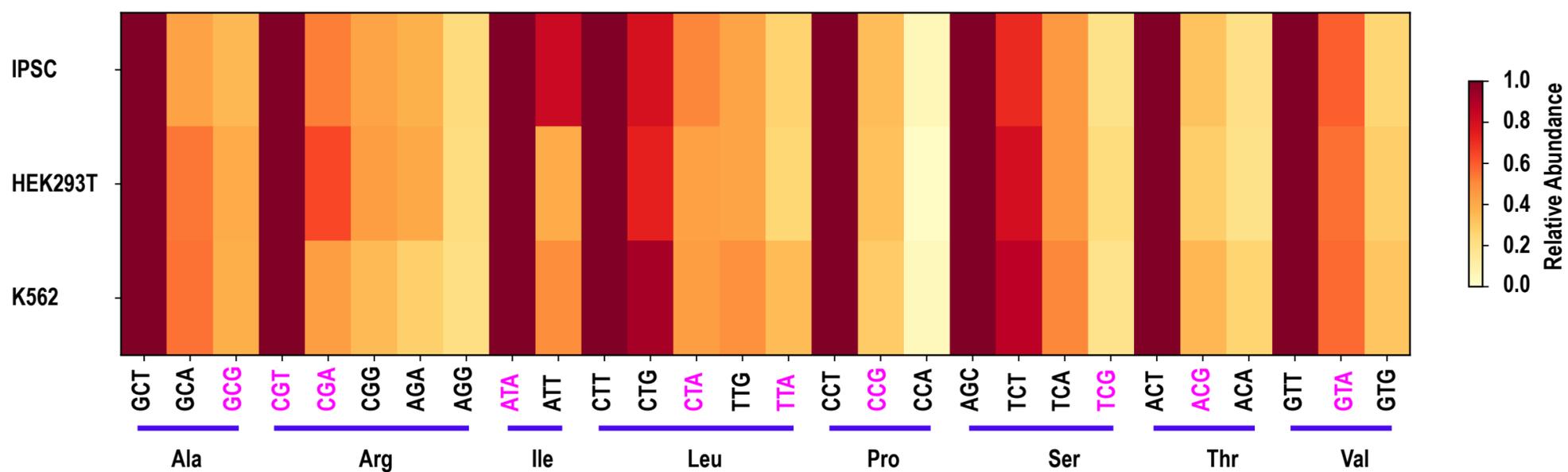
A

Cognate tRNA Copy Number of Human and Mouse



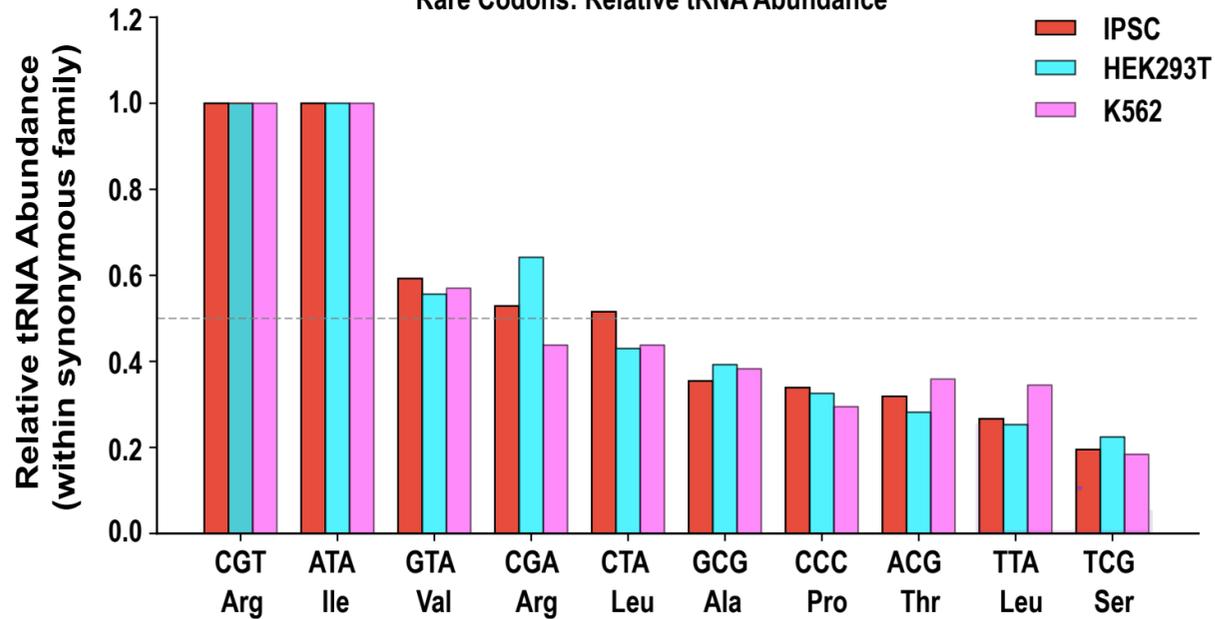
B

mim-tRNAseq: Relative tRNA Abundance Across Cell Lines



C

Rare Codons: Relative tRNA Abundance



D

Cell Line Correlation

